# SUMMER SWIM LESSONS AT THE PERRYSBURG CITY POOL

**Registration begins on May 1, 2024** 



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

The Fort Meigs YMCA, in conjunction with the City of Perrysburg Department of Recreation, will be offering Summer Swim Lessons at the Perrysburg City Pool. The YMCA Swim Lesson Program offers consistent instruction that builds different levels of progression while teaching swimming skills and personal safety. Learning how to swim can boost a child's self esteem a mile high! When kids know how to swim they have more fun! Enroll now for summer swim lessons at the Perrysburg City Pool!

## **CLASS TIMES:**

Session 1: Jun. 3-13 | Session 2: Jun. 17-27 Session 3: Ju. 1-11 | Session 4: Jul. 15-25 Session 5: Jul. 29-Aug. 8

9:30-10:00 am	School Age Swim Basics Stage 1 School Age Swim Basics Stage 3
9:45-10:30 am	School Age Swim Stroke Stage 4 School Age Swim Stroke Stage 5/6
10:00-10:30 am	School Age Swim Basics Stage 1 School Age Swim Basics Stage 2
10:30-11:00 am	Preschool Swim Basics Stage 1 Preschool Swim Basics Stage 3 Preschool Swim Basics Stage 4 School Age Swim Basics Stage 3
10:30-11:15 am	Beginner Diving
11:00–11:30 am	Preschool Swim Basics Stage 1 Preschool Swim Basics Stage 2 Preschool Swim Basics Stage 3 School Age Swim Basics Stage 2
11:15-12:00 pm	Intermediate Diving
11:30-12:00 pm	Preschool Swim Basics Stage 1 Preschool Swim Basics Stage 2 Preschool Swim Basics Stage 4 School Age Swim Basics Stage 2
12:00-12:30 pm	Preschool Swim Basics 1 Preschool Swim Basics 2 Preschool Swim Basics 3 School Age Swim Basics Stage 1

# **CLASS DESCRIPTIONS:**

#### Preschool Swim | Age 3–5

- Preschool Swim Basic 1 (Beginner) Without parent. No experience in the water is necessary.
- Preschool Swim Basic 2 (Beginner) Without parent. Swim, Float, Swim up to 10ft. unassisted.
- Preschool Swim Basic 3 (Intermediate) Without parent. Swim, Float, Swim up to 5 yards unassisted.

#### School-Age Swim | Age 6-12

- School-Age Swim Basics Stage 1 (Youth Beginner) No experience in the water is necessary.
- School-Age Swim Basics Stage 2 (Youth Beginner) Swim, float, Swim up to 10ft assisted.
- School-Age Swim Basics Stage 3 (Youth Intermediate) Swim, float, Swim up to 5 yards unassisted.
- School-Age Swim Strokes Stage 4 (Youth Advanced) Swim any stroke or combination of strokes, 25 yards unassisted.
- School-Age Swim Strokes Stage 5 (Youth Advanced) Swim any stroke or combination of strokes, 50 yard unassisted.
- School-Age Swim Strokes Stage 6 (Youth Advanced) Swim any stroke or combination of strokes, 150 yard unassisted.

#### Diving (Beginner/Intermediate) | Age 6–12

• Work on front/back dives, front/back somersaults, dive positions and technique. Opportunity to compete with local dive teams in the area in mid June & July on Tuesdays.

Private Lessons and Semi Private Lessons are available Monday through Friday 9 am-12:00 pm for 30 minutes

## Lesson fees will be \$70/session | Registration starts May 1st, 2024. To register, visit ymcatoledo.org or in person at the Fort Meigs YMCA.

Lessons will be held unless severe weather is present (lightning or electrical storms). Please call the Perrysburg City Pool at (419)872-7966 or the Fort Meigs YMCA at (419)251-9622 if you are in doubt. Classes cancelled due to inclement weather will be made up on that Friday of the current session.